

Final Days of Summer—The Heat is On!

ELECTRICAL SERVICES * SIGN INSTALLATIONS & REPAIRS * LIGHTING MAINTENANCE

NORTHSTAR ELECTRICAL SERVICES

PENNSYLVANIA * NEW JERSEY * DELAWARE

FREE DINNER

Respond to this email and we will enter you in our drawing for a \$50 gift card to your choice of restaurants or other gift card choice*. Good luck!

Congratulations to July's Winner:

Karla Severino

Chain Store Maintenance

*restaurants listed at the bottom left corner of the newsletter.

Respond by August 14th to be entered.

NORTHSTAR PROMOTES SAFETY—LADDERS

Climbing up a ladder seems like something we take for granted, however it is one of the leading causes of home and occupational injuries.

Whether a small step stool, A-frame, or a large extension ladder requiring two people, there are warning labels on all ladders. The safety requirements may be different but the point is to keep the climber from falling, slipping, bumping into things above or next to you, or electrocution.

You should ALWAYS read the warning label and also inspect the ladder prior to use. Do not use the ladder if you see any cracks, bends or missing parts.

Ensure the ladder is on a stable and even surface, clear of any water, grease or substances that could cause the base to slip.

When setting up the ladder, also be sure that you have enough space around and above you to avoid hitting your arm, legs and head on items while climbing up

and down. Make sure there are no live electrical lines, and you do not set the ladder against an outlet or electrical line.

Never place the ladder on boxes, chairs, barrels or items that have not been completely secured and are approved by OSHA, such as scaffolding.

If the ladder label states two people should be used, with one supporting the base, always follow directions. Even if the label doesn't require a second person, but you feel uncomfortable at any time on the ladder, ask someone to support you. Your safety is paramount.

Never use a ladder for something that is too far overhead where you become unstable and are extended to your full body length.

Ladder safety is just one course all of our technicians need to go through for OSHA training.

If you want to learn more please check out the following link.



OSHA LADDER SAFETY



NORTHSTAR's Staff Members

Alex Gomez
Technician



Alex is a dedicated electrician that has enrolled to earn his master's license. He came to us from New York but moved back to the Philadelphia region recently. What a great addition to our team he has been!

Alex has great knowledge, a willingness to learn, and will progress in the electrical field. If he continues at this pace, he might be running the NORTHSTAR show!



Happy Birthday

NORTHSTAR Employees

Julie Nyce & Steve Basile

Are both having August birthdays.



Best wishes and many more to come!



FARMER'S MARKETS IN SEASON

Summer is going to be the best time for fresh fruits and veggies. Instead of running to the grocery store for your next meal, try supporting your local businesses and farmers. The prices are often better, the food is fresher, and you can learn more about how everything was grown with real love and care! Here are some great tips for getting the best bang for your buck and enjoy your time.

Speak with the vendors directly and ask questions about their produce. Ask when they harvested it and how long your shelf life is once you purchase it. Also ask for some recipes! You may learn something new from farmer that you never thought possible.

Bring your own bag and/or cooler. Some vendors will give you a discount since they don't have to provide you something to carry items out. The cooler will help you

keep things fresh on the way home since the market doesn't usually have the refrigeration that a standard grocery store has.

Go really early. The best item availability is right at opening. Things will be picked over later in the day, and the fresher you can get an item in the morning, the better the taste!

Take cash and smaller bills. Most vendors will appreciate the not paying credit fees and some don't take credit at all. Paying cash can help keep the prices lower too.

So search out your local farmer's markets. There's even apps for your smart phones! Happy shopping and even happier eating!



WIN \$100

American Express Gift Card!

Give us a review on Yelp and we'll enter you in a drawing for a \$100 American Express gift card!

Any review on Yelp will qualify you. Just be sure to let us know you reviewed us, the name used and the date submitted.

You can easily link to the Yelp page [here](#) and find the "Write a review" button in the corner.

You may need to create an account if you don't already have one.

We appreciate our customers and we want to know how we can improve our services. Please let us know with these reviews!

Kathleen Anderson

is the Winner from July's Review Drawing!

* PF Chang's, Maggiano's, Chili's, Cheesecake Factory, The Capital Grille, Legal Seafood, Season's 52, California Pizza Kitchen, Ruth Chris's Steakhouse, Flemings Prime Steakhouse, Home Depot, Barnes & Noble, Nike, Zappos.