

Spring? What's With This Cold Weather?

A WISER, SAFER CHOICE!

NORTHSTAR ELECTRICAL SERVICES

ELECTRICAL SERVICES * SIGN INSTALLATIONS & REPAIRS * LIGHTING MAINTENANCE

WIN DINNER!

Respond to this email and we will enter you in our drawing for a \$50 gift card of your choice*.

Congratulations to February's Winner:

Mark Samson
— Capitol Light Maintenance

Respond by March 13th to be entered.

*restaurants listed at the bottom left corner of the newsletter.

NORTHSTAR PROMOTES SAFETY

Frostbite is a very real problem when the temperature drops below freezing. Wind chills are pushing those temperatures down below zero degrees Fahrenheit. If you aren't careful irreversible damage to your skin and organs can happen.

Frostbite is the freezing of your bodily tissues and involves the destruction of skin cells and can possibly reach other organs depending on exposure. Your body naturally tries to keep as much blood near the internal organs such as your heart, brain, lungs, and liver. When freezing temperatures envelop the body the vessels constrict to keep the blood warm and away from the cold. The tissues not receiving blood die and also freeze, causing frostbite.

This bitter cold and below freezing weather has caused many problems across the country. Our

staff has experienced frozen pipes, broken water heaters, dead car batteries, slips and falls on the ice, and witnessed worse of others.

While this weather may have inconvenienced many of us working in buildings, the people with jobs outside are exposed to frostbite regularly. Construction workers, police officers, fire crews, plumbers, pavers, landscapers, EMT rescue crews, electricians, and other emergency response teams are all forced to grin and bear the worst of this frigid weather.

We value the health and safety of our employees. While we provide our techs with warm winter clothing and gear, this weather has been too much for some jobs.

If you know someone that works outside, please make sure they are aware and prepared for the weather at all times. **STAY WARM!**

DAYLIGHT SAVINGS TIME BEGINS!

Don't forget to turn your clocks forward on Sunday, March 8th, 2015 at 2:00am.

Which really means, change the clock before you go to bed on Saturday night!!!

First Day of Spring!

Friday, March 20th, 2015

Bring Me Warmth!

Goodbye to a Legend

It's a sad day time for all Star Trek fans. Leonard "Spock" Nimoy passed away Friday, February 27th, 2015 at the age of 83 from Chronic Pulmonary disease. Aside from his famous half-human half-Vulcan science officer roll in Star Trek, and being known for his favorite catch phrase "Live long and prosper", he was also an accomplished director, writer, and photographer. During the 70's Leonard narrated the documentaries "In search of..." which investigated unexplained events, paranormal phenomena, and urban legends which helped shape those things into becoming as popular as they are today. Broadway wasn't a stranger to him either as he performed in several stage plays.



Born from immigrants of the Ukraine his home language was Yiddish. His love for acting started at the ripe young age of 8 when he starred in "Hansel and Gretel". Later in life he took drama classes at Boston College, and then it was off to Hollywood where he caught his first leading role in "Kid Monk Baroni" in 1952. Leonard will be greatly missed and forever immortalized as "Spock". May his legend live on as he truly did. "Live long and prosper".



Shamrocks and Clovers

The great Irish and St. Patty's symbol of the shamrock is bound to start popping up shortly. We dug around and found interesting facts about clovers:

-All shamrocks are a species of clover.

-Saint Patrick used the clover's three leaves to illustrate the doctrine of the Christian Trinity, which is why it became the national symbol of Ireland.

-It is estimated that there are about 10,000 three-leaf clovers for every four-leaf clover.

-There are no clover plants that naturally produce four leaves, which is why four-leaf clovers are so rare. A genetic mutation is what causes a fourth leaf to grow.



-Legend says that every leaf of a four leaf clover means something: the first is for hope, the second for faith, the third for love, and the fourth for luck. Which is why four-leaf clovers are considered lucky!

-According to the Guinness Book of World Records, the highest number of leaves found on a clover is 14!

-The name shamrock is derived from the word seamrog, which is the Irish name for the plant.

-The there are several species of plants considered shamrocks, two are: oxalis acetosella and trifolium repens.

-As far as we know, there are no actual shamrocks or clovers in Shamrock Shakes!



WIN \$100

American Express Gift Card!

Give us a review on Google and we will enter you in our drawing for a \$100 American Express gift card!

Any review on Google will qualify you. Let us know you reviewed us, the name used and date submitted.

You can easily link to the Google page [here](#) and find the "Write a review" tab on the right hand side under Northstar Electrical Services Inc.

You may need to create a Google account if you don't already have one.

We appreciate our customers and we want to know how we can improve our services. Please let us know!

The winner will be announced in next month's newsletter.



* PF Chang's, Maggiano's, Chili's, Cheesecake Factory, The Capital Grille, Legal Seafood, Season's 52, California Pizza Kitchen, Ruth Chris's Steakhouse, Flemings Prime Steakhouse, Home Depot, Barnes & Noble, Nike, Zappos.